

MARCH 2024

Machias Schools

Schools feeding programs are equal opportunity

Monday



4
Breakfast:
 Green eggs and bacon/ Fruit loops
Lunch:
 Roast beast sandwich
 Tortellini noodles for poodles
 One fish, two fish goldfish w the cat
 cheese stick
 Moose juice

11
Breakfast:
 Pancake on a stick
Lunch:
 Steak sub
 Tater tots
 Cucumber sticks w ranch
 Strawberries

18
Breakfast:
 Cinnamon Buns w/sausage link
Lunch:
 Shephards pie
 Corn bread muffin
 Watermelon slice
 Chocolate chip cookie

25
Breakfast:
 Stuffed waffle sandwich
Lunch:
 Chicken stuffed with broccoli and cheese
 Soft dinner roll
 Sweet corn
 Fruit

Tuesday



5
Breakfast:
 Cinnamon sugar churro/bacon
Lunch:
 B.L.T. with cheese
 Curly Fries
 Broccoli w cheese sauce
 Fruit

12
Breakfast:
 Chocolate chip Muffin/Smoothie
Lunch:
 Chicken tenders
 Loaded Veggie Pasta salad
 Apple slices

19
Breakfast:
 French toast sticks/bacon
Lunch:
 Chili Baked potato
 Garden salad
 Fruit

26
Breakfast:
 Bacon, egg, cheese on English
Lunch:
 Mac and cheese
 Hot dog(brown)
 Brocoli
 Fresh fruit

Wednesday



6
Breakfast:
 Sausage, egg and cheese on croissant
Lunch:
 Cheese burger
 Sweet potato tots
 Three bean salad
 Fresh fruit

13
Breakfast:
 Breakfast pizza
Lunch:
 Lasagna roll
 Garlic bread
 Italian style green beans
 Fruit

20
Breakfast:
 Hash browns/cereal
Lunch:
 Spaghetti w meat sauce
 Green Beans
 Dinner roll
 Juicy peaches

27
Breakfast:
 Breakfast pizza
Lunch:
 Chicken nuggets
 Spanish rice
 Tri colored pepper rings-ranch
 Fruit

Thursday



7
Breakfast:
 Raspberry turnover & sausage link
Lunch:
 Teriyaki chicken
 Fried Rice
 Egg roll
 Fortune cookie

14
 1/2 day
Breakfast:
 Bacon wake up wrap:
Lunch:
 Turkey and cheese on soft roll
 Baked lays
 Carrots with ranch
 Fruit cup

21
Breakfast:
 Warm scone/yogurt
Lunch:
 Chicken burger
 Curly fries
 Coleslaw
 Halo orange

28
Breakfast:
 Apple turnover/bacon
Lunch:
 Tomato soup
 Grilled cheese
 Roasted carrots
 Fruit

Friday

1
Breakfast:
 Waffles w strawberry and cream
Lunch:
 Stuffed crust pizza
 Potato salad
 Fresh veggie cup
 Fresh Plum

8
Breakfast:
 Mini hash browns & cereal
Lunch:
 French bred pizza
 Caesar salad
 Sun chips
 Apple Slices

15
 1/2 day
Breakfast:
 Yogurt bar/cereal
Lunch:
 Chicken, bacon, ranch wrap
 Cheese its
 Cukes and hummus
 Kiwi

22
Breakfast:
 Toasty bagel/cereal
Lunch:
 Pizza sticks w marinara sauce
 BBQ chips
 Chickpea salad
 Fruit

29
Breakfast:
 Mini hash browns/sausage
Lunch:
 French bread pizza
 Sun chips
 Celery with sun butter
 Fresh fruit

Breakfast is served with fruit, juice, milk and choice of main menu or cereal daily. Lunch is served with milk everyday. Salad bar is open for grades 3-8 Monday thru